The Positive Effects of Horses on Students



Equine Assisted Learning

- Improves communication skills
- Focuses on body language and, verbal and non-verbal cues.
- Helps build awareness of communication skills and areas in need of improvement.

Equine Assisted Therapies

- Horses 'mirror' human emotions, so it can be easier for students to identify their own emotions through the horses' display of them.
- Helps build relationships, empathy and trust.
- Good for overall mental wellbeing.





Therapeutic Riding

- Improves motor skills and strength.
- Builds independence.
- Builds concentration and learning skills.
- Improves mobility, circulation, and co-ordination.

Resources for Teachers

Take advantage of the great programs right here in Cranbrook! Take your class on field trips and tell families about them!



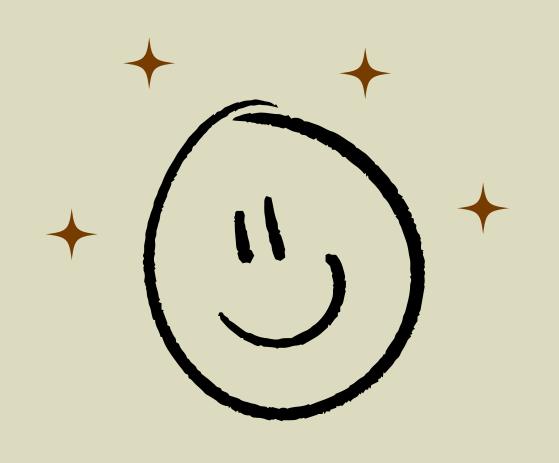
Equine Assisted Learning

- Freedom Equine
- Healing HorseHaven

Equine Assisted Therapies

- Activities
- Trail Rides!





Therapeutic Riding

- Freedom Equine
- Creston Valley
 Society for
 Therapeutic Riding